

Here's the treatment I used for Sophie's ulcers. She showed improvement within a few days, and I kept her on the regimen daily for almost three months. I had her re-scoped at about three months out, and her ulcers were scabbed over (a good sign that they're healing), so I kept her on it for another month or so, then started just giving it to her a few times a week before weaning her off it completely. I do still give her some slippery elm bark powder in her grain, though. It's good for helping her tummy, and it also creates a gel-like suspension for any other granular supplements that don't dissolve in liquid.

Here's the poop:

I used aloe vera juice (healing), slippery elm bark powder (healing), marshmallow root powder (coats the sore areas), and licorice root powder or tincture (reduces stomach acid without shutting down proton pumps).

Here's the dose:

1 heaping Tbsp slippery elm pwdr

https://www.amazon.com/Starwest-Botanicals-Organic-Slippy-Powder/dp/B003AYEHLQ/ref=sr_1_3?keywords=slippy+elm+bark+powder&qid=1557196264&s=gateway&sr=8-3

1 heaping Tbsp marshmallow root pwdr

https://www.amazon.com/dp/B01MQGY2KE?aaixtk=IJW2KFewmCE-10R7CYRFDQ&pd_rd_i=B01MQGY2KE&pf_rd_p=3fade48a-e699-4c96-bf08-bb772ac0e242&hpa_cr_id=6470894220601&sb-ci-n=asinImage&sb-ci-v=https%3A%2F%2Fimages-na.ssl-images-amazon.com%2Fimages%2FI%2F51o4bBltSKL.jpg&sb-ci-a=B01MQGY2KE&th=1

1c (approx) aloe vera juice

<https://www.walmart.com/ip/Fruit-of-the-Earth-Aloe-Vera-Juice-Original-128-Fl-Oz-1-Count/10314798>

1tsp licorice root powder

https://www.amazon.com/Banyan-Botanicals-Licorice-Powder-Pound/dp/B005PB8DWQ/ref=sr_1_4?

[keywords=licorice%2Broot%2Bpowder&qid=1557196555&s=gateway&sr=8-4&th=1](#)

The licorice root powder should only be used for a couple weeks on, then a week off, since reduced stomach acid can eventually cause problems with digestion.

Also, it's recommended to give the doses twice a day, but I wasn't able to make that trip two times. Also recommended to dose about an hour before eating so that it can treat the ulcers while the stomach is empty.

I got the Aloe Vera juice at Walmart, and everything else on Amazon.com.

I'd mix it in with grain and give it to her on an empty stomach. Then wait an hour or two before feeding hay.

You could also mix up the powders with the aloe vera juice and give it to your horse in a syringe... but you have to give it really fast... the powders immediately start to turn to gel when mixed with liquid.